



Ten2One Too Program Overview (For Kids with Special Needs)

We believe when youth and law enforcement work together, communities flourish, and lasting change is achieved.



TEN2ONE TOO PROGRAM FOCUS

- ✓ **ASD-Inclusive Mentorship:** Designed for children on the autism spectrum, this program fosters emotional expression, sensory-friendly engagement, and social development through guided creative play.
- ✓ **Safe and Supportive Spaces:** Each session is built around consistency, structure, and positive reinforcement—ensuring participants feel secure, heard, and valued.
- ✓ **Empowering Individual Growth:** Through art, music, movement, and interactive safety lessons, children gain confidence, life skills, and meaningful community connections.

Ten2One Too is an inclusive mentorship program for children on the autism spectrum and with diverse abilities. Through sensory-friendly, play-based activities, it fosters confidence, communication, and community connection in a safe, supportive environment.



TEN2ONE

Humanize
and
Harmonize

ENSURING THE COMMUNITY'S WELL-BEING

Ten2One is a program built on the founding principle of humanizing and harmonizing police-community relationships.

Offering structured mentorship and frequent meaningful engagement for prosperity in a positive, supportive environment.



TEN2ONE FOUNDATION

Canadian Not-for-Profit Corporation

Website: www.ten2onefoundation.org

Email: admin@ten2onefoundation.org

Phone : (416) 712-1742



Ten2One Too Monthly Programming



Month 1



Session 1: My Safe Space

- Activity: Personalized "safe space" painting
- Focus: Self-expression and emotional safety

Session 2: Understanding Strangers

- Activity: Scenarios using role-play and safe zone mats
- Focus: Safety, critical thinking, trust-building

Month 2



Session 1: Feel the Rhythm

- Activity: Interactive music-making & movement game
- Focus: Motor coordination, rhythm, joyful expression

Session 2: Nature Art

- Activity: Nature walk and art collage
- Focus: Sensory exploration, observation, creativity

Month 3



Session 1: Mapping Our World

- Activity: Interactive map play
- Focus: Spatial awareness, preparedness, & confidence

Session 2: Clay Creations

- Activity: Shape, decorate, and paint with air-dry clay
- Focus: Fine motor skills, creativity, calming sensory input

Month 4



Session 1: Marine Discovery

- Activity: Marine life art using textures & toy sea animals
- Focus: Curiosity, sensory play, creativity

Session 2: Fire Safety Practice

- Activity: Fire safety with visuals, props, and role-play
- Focus: Emergency response, repetition, confidence building

Ten2One Too Monthly Programming



Month 5



Session 1: Inner Warrior

- Activity: Safe, non-contact martial arts basics
- Focus: Self-discipline, focus, empowerment

Session 2: Autumn Art

- Activity: Create fall-themed collages
- Focus: Seasonal awareness, sensory expression

Month 6



Session 1: Gratitude Tree

- Activity: Messages on a collaborative classroom tree
- Focus: Positive emotion, group sharing, reflection

Session 2: Celebration Party

- Activity: Arts & crafts and a slideshow celebration
- Focus: Celebration, reflection, sensory joy

Month 7



Session 1: Movement & Balance

- Activity: Follow-along yoga with visual guides
- Focus: Body awareness, calmness, flexibility

Session 2: Storytelling with Puppets

- Activity: Puppet role-play to explore emotions
- Focus: Emotional ID, communication, self-expression

Month 8



Session 1: Superhero Day

- Activity: Superhero role-play of personal strengths
- Focus: Empowerment, confidence, kindness

Session 2: Obstacle Course Adventure

- Activity: Fun obstacle course with safe props & stations
- Focus: Motor planning, teamwork, self-regulation

Ten2One Too Monthly Programming



Month 9



Session 1: My Community Helpers

- Activity: Meet real police officers or firefighters
- Focus: Safety awareness and real-world connection

Session 2: Community Mural Creation

- Activity: Create a mural about kindness and friendship
- Focus: Collaboration, communication, belonging

Month 10



Session 1: Fall Festival Fun

- Activity: Pumpkin painting, crafts, & tactile exploration
- Focus: Sensory play, seasonal learning, creativity

Session 2: Harvest Celebration

- Activity: Food activities, music, and inclusive games
- Focus: Social interactions and sensory exploration

Month 11



Session 1: Giving Back Together

- Activity: Care kits for shelters or seniors
- Focus: Compassion, contribution, connection

Session 2: Sound & Light Exploration

- Activity: Light tables, visual toys, and soft instruments
- Focus: Sensory discovery, curiosity, safe exploration

Month 12



Session 1: Cookie Decorating Party

- Activity: Decorate cookies using visual recipes
- Focus: Choice-making, creativity, celebration

Session 2: Year-End Reflection Gala

- Activity: Slideshow, memory board, & group thank-you
- Focus: Memory sharing, recognition, closure